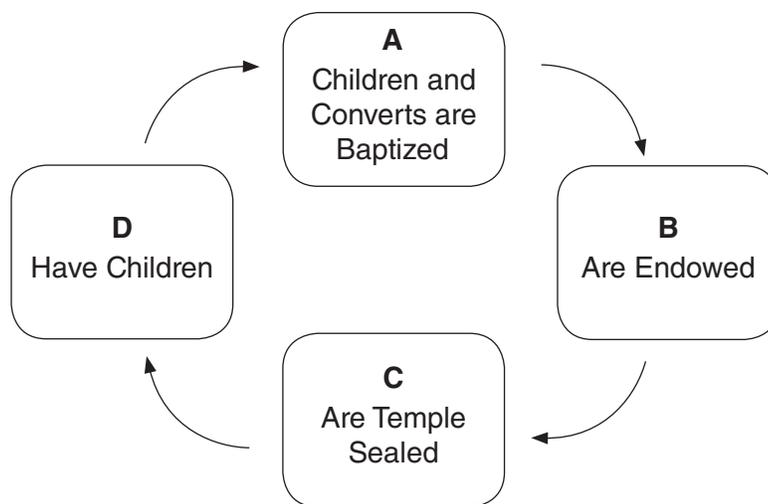


STRENGTHENING FAITH IN OUR HEAVENLY FATHER AND THE LORD JESUS CHRIST THROUGH SABBATH DAY OBSERVANCE IN THE HOME

- The Church is strengthened through multigenerational families.
- Children of members and converts are baptized, endowed, sealed to their spouse, and have children, who repeat this cycle.



- Learning and living the gospel of Jesus Christ in the home is essential in creating multigenerational families.
- The Sabbath day can and should be an important time for gospel learning.
- The truths we learn at church and in the home can and should be linked in meaningful ways.

The home is the optimal place to:

- Learn about and honor *the Sabbath as a sign* between God and His children throughout the generations.

Exodus 31: 13

Speak thou also unto the children of Israel, saying, Verily my sabbaths ye shall keep: for it is a sign between me and you throughout your generations; that ye may know that I am the Lord that doth sanctify you.

Ezekiel 20:20

And hallow my sabbaths; and they shall be a sign between me and you, that ye may know that I am the Lord your God.

- Learn about and honor *the Sabbath as a way of remaining unspotted from the world.*

Doctrine and Covenants 59: 9–10

And that thou mayest more fully keep thyself unspotted from the world, thou shalt go to the house of prayer and offer up thy sacraments upon my holy day;

For verily this is a day appointed unto you to rest from your labors, and to pay thy devotions unto the Most High.

- Learn about and experience *the Sabbath as a delight.*

Isaiah 58: 13–14

If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the Lord, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words:

Then shalt thou delight thyself in the Lord; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the Lord hath spoken it.

PUTTING THESE PRINCIPLES TO WORK

- How can we best learn the Savior's doctrine in our homes?
- How can we adjust family matters to make the Sabbath a "delight" in the home?